

Camp Hemlock

Family Camp

Gear List and General Information Sheet

Family campers should arrive at camp after 6pm having already eaten dinner.

Main Clothing Packing List:

- Pants
- Shorts
- Socks
- Underwear
- Long Sleeve Shirt
- Short Sleeve Shirts
- Pajamas
- Sweatshirt or Jacket
- Poncho or rain coat
- Swim trunks
- Sneakers
- Hiking Boots (optional)
- Closed toe shoes with laces for hiking and zip line

Other Gear Packing List:

- Completed camp health form
- Bible
- Sleeping bag and sheet
- Pillow
- Towel
- Toothbrush and toothpaste
- Soap
- Shampoo
- Deodorant if applicable
- Dirty clothes bag
- Bug spray
- Flashlight
- Baseball hat
- Sunscreen
- Bug net (optional)
- Camera (optional)
- Water shirt for swimming (optional)
- Water bottle
- Medicines for Health Station

What Not to Bring:

- Cell phone for kids
- Hand-held electronic games
- Music player
- Alcohol
- Tobacco
- Knives (other than pocket type)

Digital Detox:

How do we teach our children that there is life outside of their phones, social media and video games? We take time to unplug! At Camp Hemlock, we are committed to being 100% unplugged while your family is at camp. One of our goals is to show them that not only can they have a blast without being plugged in, but also develop real and meaningful relationships with the people present at camp.

Phone Policy:

There is no cell phone reception at camp. There is a primary phone line for camp business and emergency use by the staff. We encourage parents to be fully present with their child. Camp is a special bonding time for parents and children unlike any other opportunity available during the rest of the year. Please do your best to clear your work schedule so that you can give your child the attention he or she deserves. There is a secondary phone line where personal calls can be made if kept to a few minutes, but we strongly encourage you to let the phone call wait and be with your child.